

Overcoming by Patience - Charlene Xerri Hill

" I have always been aware that in every aspect of my life I had a huge shortage of patience, and this caused me problems of anxiety and sometimes worry. I have sought philosophies, psychology books and various religions hoping i will magically change and turn into some wise, patient filled human being.

In July 2008 I was baptised as a Born Again Believer and started on my journey towards accepting Christ, and the changes started happening immediately. I felt more light hearted, I felt calmer like there was no logical reason for me to get angry any more and i always felt that peace, I could not explain it but i felt it with me all the time.

One day there was this message in my head that i felt i needed to share with my brethren, and it was about patience. Little had i realised that in the process of accepting Christ and reading the bible i was changing gradually. So I started looking for scriptures that were relevant to my message and they all started tumbling down in front of me until when i saw the whole message put together I finally realised that patience is not gained overnight, and neither are many other things, but its a process. Here are the bible scriptures that have 'come to me' and lets see the journey one needs to take to be patient!!!

"Do not overcome by evil, but overcome evil with good." Rom 12:2

"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart." Gal 6:9 ... so one need not lose heart in order to succeed on something.

"...the fruit of the spirit is love, joy, peace, longsuffering (patience), kindness, goodness, faithfulness, gentleness, self-control, against such there is no law." So patience is on the list of things to do to please God...It has been given to us through our spirit by God!!!

Sometimes temptations come and we are overcome by grief and sad thoughts making us feel like we won't make it:

"Resist the devil and he will flee from you." James 4:7 Resisting is an active choice of will!

"For God has not given us a spirit of fear, but of power, love and a sound mind." 1Tim:7

"There is no fear in love, but perfect love casts out all fear, because fear involves torment." 1John 4:18

So its not true that one should base his life on feelings, fear is a feeling and not a premonition, and this feeling induces torment. Here we know that we need to learn about Love in order to be made completely strong against the enemy's weapon of fear against us.

Sometimes doubts make us waver and lose our direction:

DOUBT "he who doubts is like wave of the sea driven and tossed by the wind." James 1:6

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TESTING "do not believe every spirit, but test the spirits whether they are of God...By this we know the spirit of truth and the spirit of error." 1 John 4:1&6

One needs to learn to discern between spirits by reading the word of God and consulting with it in order to tell if they are from Him or not.

God's gift for ACTIVELY following his word is peace and faith that grows in tribulations:

"glory in tribulations, knowing that tribulation produces perseverance, and perseverance, character and character - hope." So we as believers we need to keep in mind an extended perspective whenever we are in a certain situation.

So have faith, if there's something negative in your life, resist it, flee it and overcome it by projecting positive imagery in you mind and heart, using the blessings in the word of God,

"Now faith is the substance of things hoped for, the evidence of things not seen." Heb11:1

And finally, got to Romans 8:37 and be glad:

"Yet in all these things we are more than conquerors through Him that loved us!"